

# #4 | When Winning Feels Like Losing



Series: Relationship Reset

*"Love hurts" isn't just a sappy line from pop music. Healthy relationships require self-sacrifice. This is what God does for us and what he calls us to do for others.*

## Key Points

1. Loving others means exposing yourself to \_\_\_\_\_. ([Mark 8:31-33](#).)
2. Giving up your \_\_\_\_\_ leads to God's \_\_\_\_\_ in your relationships. ([Mark 8:32-33](#).)
3. \_\_\_\_\_ gives you what you really want. ([Mark 8:34-37](#).)

## Talk About It

1. *What is your initial reaction to this topic? What jumped out at you?*
2. *Have you ever won an argument but lost in a relationship? Explain.*
3. *Give an example of how loving someone caused hurt them. Why is it that we often hurt the people we love most in life?*
4. *Read [Mark 8:31](#). What did Jesus's love for people cost him? What does this teach us about Jesus?*
5. *Read [Mark 8:32-33](#). Why did Peter want to correct Jesus? What was Peter's fundamental mistake?*
6. *Have you ever tried to convince God to follow your plan instead of you following his plan? What happened?*
7. *Read [Mark 8:34-35](#). What did Jesus mean when he told his followers that they must "carry their cross"?*
8. *What are some practical ways that you can carry your cross?*
9. *Write a personal action step based on this conversation.*